



**THE STAG**  
— AT STOW —

**Gluten Free  
Menu**

**Small Plates**

Salt & Pepper Squid, Sweet Chilli Sauce \* £8

Chicken Liver Parfait, Green Tomato Chutney  
& G/F Toast £7

Smashed Avocado on G/F Toast, Chilli,  
Coriander & a Poached Egg (v) £7

Grilled Pear, Serrano Ham, Rocket &  
Buratta Cheese £9

Wild Mushrooms on G/F Toast,  
Shallot & Garlic (v) £8

Devilleed Lambs Kidneys & Spinach  
on G/F Toast £7

**Charcuterie**

Served with G/F Bread & Butter Pickles

**Cinghialeto** – Wild Boar Salami £5

**Serrano** – Sliced Cured Spanish Ham £7

**Finocchiona** – Pork Salami with Fennel Seeds £5

**Bresaola** – Air Cured Beef Fillet £9

All 4 For £15

**Burgers**

All Served in Gluten Free Bun with Gem Lettuce, Gherkins, Tomato and Fries  
(Extra Toppings: Cheddar, Blue Cheese, Goats Cheese, Bacon, Fried Egg, Chilli Jam & Red Onion Chutney £1 each)

Char-Grilled 6oz Beef Burger  
£10

Char-Grilled Chicken Breast Burger, Winter Coleslaw  
£12

Ruby & White Venison Burger, Pickled Red Onion & Red Eye Mayo  
£14

Curried Quinoa, Parsnip, Apple, & Chestnut Burger,  
Red Onion & Sage Mayo (v)  
£10

**Large Plates**

Megrim Sole Grenobloise, Buttered New Potatoes, Swiss Chard \* £16

Pan Seared Guinea Fowl Supreme, Potato Fondant, Girolles, Creamed Leeks & Red Wine Jus £17

Roast Haunch of Venison, Shredded Sprouts & Smoked Bacon, Blackberry & Port Sauce £18

Roast Butternut Squash, Chestnut, Rocket & Sage Winter Salad, Chilli & Maple Syrup Dressing (v) £13

Sautéed Wild Mushroom, Garlic & Spinach Gnocchi, Blue Cheese & Rosemary (v) £15

Line Caught Arkell's Beer Battered Cod Fillet, Smashed Peas, Hand Cut Chips & Tartar Sauce \* £14

**Steaks**

Onglet 'Steak Frites' & Salsa Verde £14

10oz Sirloin Steak, Rocket, Watercress &  
Parmesan Salad, Fries £25

10oz Rib-Eye Steak, Rocket, Watercress &  
Parmesan Salad, Fries £24

Garlic Butter £1, Blue Cheese Butter £1, Truffle  
Butter £1, Peppercorn Sauce £3.00, Salsa Verde  
£2.50

**Sides**

Mixed Olives (v) £3

Fries/Hand Cut Chips (v) £3

Animal Fries (v) £4

Chilli Cheese Fries £5

Truffle Parmesan Fries (v) £5

Broccoli, Walnut & Chilli (v) £3.5

Creamed Leeks (v) £3.5

Rocket, Watercress & Parmesan (v) £3

An optional 10% service charge will be added to your bill. Some of the dishes on our menu main contain traces of nuts and or other allergens. If you need more info please ask a member of the team

\* Gluten free flour/batter used, we keep a separate fryer for gluten free dishes, but during very busy periods this cannot be guaranteed. Please ask when ordering if unsure.

(v) = Vegetarian